



## "Looking For A Way Out"

A Guide to Addiction Treatment
And Education Resources
In Trumbull County & the Surrounding Area

This publication was produced by the Trumbull County Mental Health and Recovery Board and the Alliance for Substance Abuse Prevention (ASAP). This guide to resources in Trumbull County is for individuals seeking help with substance misuse and addiction. You may be looking for help for yourself or for a friend or family member. We hope this information will open some doors to finding help. Addiction is a complex and crippling condition. The needs are many, but the number of places to turn is growing and changing. Please directly contact agencies listed in this guide for the most current information.

#### Please Note:

These listings are not intended as recommendation of specific agencies nor can this be considered a complete list of resources. It is an evolving field and we hope to be able to update this informational guide periodically.

# IF YOU NEED HELP NOW FOR A DRUG CRISIS OR MENTAL HEALTH ISSUE 24/7 CRISIS AND REFERRAL SERVICES

#### Coleman Access Center

Provides 24-hour services for individuals experiencing emotional crisis. Services include consultation and referral, support and emergency mental health and substance abuse assessments. Emergency assessments are available at the Coleman Access Center or the local hospital emergency department. Anybody looking for detox, regardless of ability to pay, should start here. 103 W. Market Street, First Floor Warren, OH 44481

www.colemanservices.org

(330) 392-1100

#### THE HUB FOR TREATMENT IN TRUMBULL COUNTY

#### **Trumbull County Mental Health and Recovery Board**

The mission of the board is to improve the well-being of our community by establishing and maintaining an effective, efficient and quality system of alcohol, drug and mental health services in Trumbull County. The board supports recovery by providing funding to agencies for education, treatment, prevention and support services. The board collaborates with many agencies and coordinates needed services.

4076 Youngstown Rd., Suite 201 Warren, OH 44484 (330) 675-2765 (330) 675-2772 fax www.TrumbullMHRB.org

#### DRUG FREE COMMUNITY COALITION

#### Alliance for Substance Abuse Prevention (ASAP)

ASAP is a community project of the Trumbull County Mental Health and Recovery Board. The coalition engages in strategic partnerships to solve our community's substance abuse problems. The coalition meets monthly and focuses on providing community education, and leading community wide change. Call for information on how to get involved. Or "Like" the Alliance for Substance Abuse Prevention (ASAP) on Facebook and Instagram.

#### Alliance for Substance Abuse Prevention (ASAP)

4076 Youngstown Rd., Suite 201 Warren, OH 44484 (330) 675-2765, ext. 119 (330) 675-2772 fax www.TrumbullMHRB.org

#### OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION

Project DAWN of Trumbull County is a completely free community-based drug overdose education and Naloxone distribution program. Naloxone is used to reverse opiate overdoses. There is no cost to receive a Project DAWN kit. All participants receive 2 vials of intranasal Naloxone in a Project DAWN kit.

**Project DAWN Naloxone kits are now available as a free mail order program** if you are a resident of Trumbull County. You can click the link below: you will be required to watch the training video, verify that you watched it, complete a questionnaire, and provide your address and contact information so that a kit can be mailed to you. If you have any questions, please call the health dept. at 330-675-2489. Click here for the video: <a href="https://www.surveymonkey.com/r/2MCWKBD">https://www.surveymonkey.com/r/2MCWKBD</a>

Trumbull County Combined Health District

194 W. Main St Cortland www.tcbh.org

#### **WALK-IN HOURS**

Many times, the desire to stop drinking, or using drugs, comes on suddenly and requires immediate attention. There are a number of agencies in Trumbull County that offer drug and alcohol assessments without an appointment. During a drug and alcohol assessment, questions will be asked to determine whether or not a person has a drug or alcohol problem. The findings of the assessment will be used to connect the individual with the most appropriate level of treatment. Assessments are provided on a first come, first served basis at the following agencies:

#### **Brightview**

1924 East Market St Warren (833) 510-4357 Monday- Friday: 8:00am -3:00pm

#### **Coleman Health Services**

103 W. Market St. 1st Floor Warren Monday - Friday: 11:00am - 1:30pm Please arrive or call in at 11:00am to complete paperwork

#### **COMPASS Family and Community Services**

320 High St. Warren (330) 394-9090 Monday, Wednesday & Friday 8:00am-3:00pm Tuesday & Thursday 10:30am-3:00pm

#### First Step Recovery

2737 Youngstown Road S.E. Warren (330) 369-8022 Thursday & Saturday 3:00p -4:00pm

#### **Highland Springs**

4199 Mill Pond Dr. Highland Hills, OH 44122 (216) 302-3070 www.highlandspringshealth.com 24 hours a day/ 7 days a week

#### Meridian HealthCare

320 High St.

Warren (330) 318-3871 Monday- Friday: 6:00am-1:00pm

#### RESIDENTIAL TREATMENT (REHAB)

When people think of drug treatment or "rehab," they often think of residential treatment. The patient is required to live at the facility for perhaps 1-3 months, or sometimes longer. Without outside distractions, the individual is free to concentrate more fully on recovery. Access to an inpatient program can depend on insurance coverage, or the ability to pay. Some programs are publicly funded but admission may be based on referral from other agencies. Unfortunately, the need for these services is greater than their availability, so sometimes you may be placed on a waiting list. Outpatient counseling or some other supportive plan is advisable while waiting.

#### First Step Recovery

(Detox facility and extended stay) 2737 Youngstown Road, S.E. Warren, OH 44484

Admissions: 7 days/week

Transportation: 8am-9pm, 7 days/week

Call: (330) 369-8022 Text: (330) 355-3139 wecaremoreohio.com

#### Parkman Recovery Center

(Detox facility and extended stay for men) 4930 Enterprise Drive Warren, OH 44481

Admissions: 7 days/week

Transportation: 8am-9pm, 7 days/week

Call: (330) 369-8022 Text: (330) 355-3139 wecaremoreohio.com

#### Glenbeigh

(Detox facility and extended stay) 2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001 www.Glenbeigh.com

#### Meridian HealthCare

(Inpatient treatment only) 550 West Chalmers Ave Youngstown, OH 44511 (330) 797-0070 www.meridianhealthcare.net

#### **New Day Recovery**

(Detox facility and Residential Treatment) 1500 McKinley Ave. Niles, Ohio 44446 (330) 953-3300 www.ndrtoday.com

#### Safe Harbor

(Men's Residential Treatment) 1212 Tod Place Warren, OH 44485 (330) 469-6822 www.SafeHarborRecovery.life

#### Windsor Laurelwood Center for Behavioral Medicine

(Detox facility and limited stay) 35900 Euclid Avenue Willoughby, OH 44094 (440) 953-3000 www.windsorlaurelwood.com

#### Also

There are additional residential treatment centers in the surrounding area. Insurance coverage varies so check with your insurer to help determine your options.

#### **OUTPATIENT TREATMENT**

Outpatient treatment allows the client to continue living at home and includes individual or group counseling and medication assisted treatment. The length of time in treatment depends on the client's needs. Agencies offering outpatient therapy include:

#### Brightview

(Offers Vivitrol, Sublocade, and Suboxone) 1924 East Market St Warren, OH 44483 (833) 510-4357 www.Brightviewhealth.com

#### **COMPASS Family and Community Services**

320 High St. Warren, OH 44481 (330) 394-9090 www.compassfamily.org

#### First Step Recovery

2737 Youngstown Road, SE Warren, OH 44484 (330) 369-8022 wecaremoreohio.com

#### Glenbeigh

29 North Rd. Niles, OH 44446 (330) 652-6770 www.Glenbeigh.com

#### **Greentree Counseling Center**

430 Franklin St. S.E. Warren, OH 44483 (330) 372-2200 www.greentreecounseling.com

#### Meridian HealthCare

(Offers Methadone, Suboxone & Vivitrol) 320 High Street Warren, OH 44481 (330) 318-3871 www.meridianhealthcare.net

### Mercy Health New Start Treatment Center for Chemical Dependency

(Offers Suboxone, Vivitrol and Counseling) 1296 Tod Place #205 Warren, OH 44485 (330) 841-7022 www.mercy.com

#### **Niles Treatment Services**

(Offers Suboxone, Vivitrol and Methadone) 336 Vienna Ave Niles, Ohio 44446 (234) 544-3322 www.Pinnacle.com

#### **On Demand Counseling**

(Offers Suboxone, Vivitrol and Counseling) 100 Superior St. Newton Falls, OH 44444 (330) 578-4300 OnDemandCounseling.com

#### RISE Recovery

(Offers Suboxone, Vivitrol and Counseling) 3132 Belmont Ave Liberty, Ohio 44505 844-652-8219

#### RISE Recovery @ Falls Family Care

(Offers Suboxone & Vivitrol) 175 East Broad Street Newton Falls, OH 44444 (330) 872-2010 www.onehealthohio.org

#### **MORE OUTPATIENT TREATMENT:**

RISE Recovery @ Lloyd McCoy Community Health Center

(Offers Vivitrol) 1977 Niles Road SE Warren, OH 44484 (330) 393-6446 www.onehealthohio.org

#### Safe Harbor

2430 Parkman Rd NW Warren, OH 44485 (330) 469-6822 www.SafeHarborRecovery.life

#### Thrive Counseling

1705 Woodland St NE Warren, OH 44483 (330) 469-6777 www.thrivecounselingwarren.com

#### Travco Behavioral Health

(Offers Suboxone & Vivitrol) 2671 Youngstown Road, SE Warren, OH 4484 (330) 286-0050 wecaremoreohio.com

#### Warren West Community Health Center

(Offers Vivitrol) 716 Tod Avenue Warren, OH 44485 (330) 373-0222 www.onehealthohio.org

#### **Youngstown Treatment Services**

(Methadone, Suboxone & Vivitrol) 3622 Belmont Ave, Suite 21 Youngstown, OH 44505 (234) 719-1885 www.pinnacletreatment.com

#### **SPECIAL POPULATIONS**

Every person has their own unique story and every addict has something in common with other addicts. There are certain populations that may benefit from specialized treatment and there are agencies and programs designed to serve them in unique ways. This is not an exclusive list of agencies offering specialized support. Included are some of those emphasizing service to these groups.

#### **ADOLESCENTS**

#### Alta Care Group

Alta's Alcohol, Tobacco and Other Drug program provides outpatient services to adolescents with a focus on identifying and treating substance abuse issues early in the youths' lives. This includes the WHY program, an assessment and brief treatment service for schools and families to utilize as an "Alternative to Expulsion" option.

1950 Niles-Cortland Rd. NE Warren, Ohio 44484 330-793-2487

www.altabehavioralhealthcare.org

#### **MORE ADOLESCENT SERVICES:**

#### **Highland Springs Changes**

Highland Spring's programming for adolescents and adults ages 8-17 combines PHP and IOP with the same therapist at the same time. PHP participants receive an extra three hours of programming including school group, nursing group, and music therapy every other day. Therapy groups are dependent on the needs of each individual and include a person-centered and solution-focused approach with the utilization of art and narrative therapy and trauma-informed care

34125 Solon Rd. Solon, OH 44139 (216) 302-3070

www.highlandspringshealth.com

#### Thrive Counseling

Thrive Counseling's Adolescent Intensive Outpatient Treatment Program provides substance use disorder counseling and education through a series of sessions appropriate to the plans of the persons served. Services are provided during mornings or evenings. The Adolescent Intensive Outpatient Treatment Program is considered to be more intensive than traditional outpatient services.

1705 Woodland St NE 3622 Belmont Ave.; Ste 3 Warren, OH 44483 Youngstown, OH 44505

(330) 469-6777 (330) 355-9998

www.thrivecounselingwarren.com

#### Travco Behavioral Health (an affiliate of First Step Recovery)

Offers treatment appropriate to the child or adolescent's age, development, culture, and education to addresses needs related to the development of community living skills, social skills, social supports, and vocational skills. Intensive and Non-Intensive Outpatient treatment is offered to promote education on wellness and recovery. Travco's holistic approach offers counseling, family and group therapy, urinalysis, case management, pediatric psychiatry and medication management.

2671 Youngstown Road, SE Warren, OH 4484 (330) 286-0050

wecaremoreohio.com

#### **RISE Recovery Teen Addiction Services**

If your teen is struggling with substance abuse, we understand how scary and challenging that is. RISE Recovery offers medication-assisted treatment (MAT), evaluation and clinical assessment, counseling and integrated health services (medical and dental).

Youngstown/Warren, OH

(844) 652-8219

www.OneHealthOhio.org/RISE-Recovery

#### **FAMILY PROGRAMS**

#### Meridian HealthCare

The Meridian Family Program consists of consultations, educational group topics, and individual family counseling. The Family Program is tailored to assist clients in improving relationship development while providing information on the disease of addiction. The Family Program is available to all clients, their loved ones, sponsors or members of their primary support group. 527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### **DUAL DIAGNOSIS**

Dual-diagnosed patients have been diagnosed with both a mental health and substance use disorder. Those with co-occurring disorders face complex challenges. They have increased rates of relapse, hospitalization, homelessness, and HIV and Hepatitis C infection compared to those with either mental or substance use disorders alone.

#### Glenbeigh

Dually-diagnosed patients participate in specialized groups designed to promote positive selfimage and help the patients understand their mental and emotional disorders. 2863 State Route 45

Rock Creek, OH 44084 (800) 234-1001

www.glenbeigh.com

#### **Highland Springs**

Highland Springs is a behavioral health hospital that specializes in inpatient mental health, dual-diagnosis and medical detox treatment, as well as dual-diagnosis PHP and IOP for children, adolescents and adults ages 8-17 and 18+.

4199 Mill Pond Drive Highland Hills, OH 44122 (216) 302-3070

www.highlandspringshealth.com

#### Mercy Health Behavioral Health Institute (BHI)

Mercy Health's Dual Intensive Outpatient Program (IOP) is three days/week, three hours/ day and designed for adults with a mental health and substance use disorder. Individuals receive psychotherapy and psychoeducational groups along with medication management provided by a physician or nurse practitioner.

Located inside St. Elizabeth Hospital-Youngstown 7th floor 1044 Belmont Ave Youngstown, OH 44501 (330) 480-3109

#### **MORE DUAL DIAGNOSIS SERVICES:**

#### Sunrise Vista Behavioral Health

Sunrise Vista Behavioral Health is a 72-bed inpatient psychiatric hospital specializing in dual diagnosis substance use disorder treatment. Our team is compassionate and understanding of people with substance use disorder who are also struggling with their mental health. We begin with a detox to help break the physical addiction and continue with personalized and holistic care. Admissions are accepted 24/7.

(234) 999-4916 sunrisevistahealth.com

#### Travco Behavioral Health

Travco Behavioral Health offers co-occurring treatment for adolescents and adults. This outpatient program is designed to address both mental health and addiction concerns concurrently. Services include behavioral health therapy, psychiatric services, medication management and new evidenced based treatment alternatives like Spravato & TMS (15 years and up).

2671 Youngstown Road, SE Warren, OH 4484 (330) 286-0050 wecaremoreohio.com

#### Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides comprehensive Inpatient and Outpatient treatment for adults with co-occurring mental health and Substance Use disorders. (440) 953-3000

www.windsorlaurelwood.com

#### **FIRST RESPONDERS:**

#### Glenbeigh- Rock Creek

Glenbeigh's program pairs first responders with Certified First Responder Counselors (CFRC). These primary counselors are trained to understand the perspective and culture of first responders, including the family structure of response teams and the impact of trauma experienced in the field.

2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001

#### Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides a specialized trauma based IOP program for First Responders. Program is provided utilizing tele-health technology. (440) 953-3000

www.windsorlaurelwood.com

#### **GAMBLING**

#### Meridian HealthCare

Meridian offers specialized treatment services designed to help adults overcome the effects of problem gambling. Services include consultation, assessment, counseling (individual, group, and/or family), financial planning, and relapse prevention.

All counselors who provide treatment within Meridian's Problem Gambling Program have received intensive gambling-specific training and are highly qualified to provide this specialized treatment. The Trumbull County Mental Health & Recovery Board provides funds to help accommodate those who might not be able to pay.

527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### **OLDER ADULTS**

#### Glenbeigh- Rock Creek

Detecting and diagnosing alcohol or drug use in older individuals may be more challenging due to symptoms that can overlap with age-related issues like confusion, memory loss or mobility issues. Glenbeigh's Older Adult Specialized Services address the specific treatment and recovery needs of individuals 56+, as they learn to embrace the next chapter of life and release the fears of the future.

2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001

#### WOMEN

#### ONE Health Ohio- Baby on Board

Services include perinatal and postpartum depression, anxiety and mood disorder; adjustment difficulties; substance abuse and addiction; education on the importance of treatment in perinatal and postpartum substance abuse and addiction; miscarriage and loss. Tele-counseling services are available.

(844) 652-8219

#### **COMPASS Family and Community Services**

Women's Specialized Treatment Services focus on the needs of women, including supportive group services that address alcohol/drug, co-dependency and victim issues.

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320 High St. NE Warren, OH 44481 (330) 394-9090 www.compassfamily.org

#### **MORE WOMEN SERVICES:**

#### Glenbeigh- Rock Creek

Glenbeigh offers special facilities and services for women in inpatient treatment and extended residential care including housing in a separate wing of the hospital. Female therapists and all female counseling groups provide the opportunity to gain support from other women in order to deal with sensitive issues and begin the healing process.

2863 State Route 45 Rock Creek, OH 44084 (800) 234-1001

#### Mercy Health- New Beginnings program

This program was created to meet the needs of pregnant and post-partum woman who are using substances and want to work towards recovery. Services include medication assisted treatment, individual, group counseling and peer support. The program is a collaboration with The Mercy Health Centering Pregnancy Program. Woman will have access to a medical provider, social worker and peer recovery supporter during treatment.

Mercy Health Belmont Recovery Services Office 2031 Belmont Avenue Youngstown, Ohio 44501 (330) 480-2840 or (330) 480-3109

#### Meridian HealthCare

Meridian Women's programs offer a comprehensive continuum of care for women to help them address their drug and/or alcohol issues in a safe and supportive environment. The program focuses on addressing issues unique to women, including dealing with complex trauma, building healthy relationships and balancing family responsibilities. Meridian offers residential, day treatment with supportive housing, and outpatient services to meet the needs of women.

527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### **MOMs Program at Meridian HealthCare**

Maternal Opiate Medical Support (MOMS) program is for any pregnant and post-partum mother who struggles with opiate use disorder, amphetamine use disorder and cocaine use disorder. MOMS receive support to navigate pregnancy and post-partum as well as mom and baby care items. MOMS supports all aspects of care for the entire family by fostering recovery, ensuring child safety and promoting family stability.

527 N. Meridian Rd Youngstown, OH 44509 (330) 797-0070 www.meridianhealthcare.net

#### TREATMENT FOR LICENSED PROFESSIONALS

Addiction is a disease that affects all people and does not discriminate by race, class or profession. Addiction is particularly destructive for skilled and licensed professionals due to the demands and expectations of their work.

#### Glenbeigh Rock Creek

The consequences of addiction experienced by professionals are a primary focus of this specialty group. Patients work on developing a healthy recovery program within their professional role and address the requirements mandated by their respective licensure and monitoring boards. Glenbeigh is an approved provider with most professional boards. 2863 State Route 45
Rock Creek, OH 44084
(800) 234-1001
www.glenbeigh.com

#### **Glenbeigh Outpatient Center of Niles**

Caduceus meetings for medical professionals in recovery 29 North Road Niles, OH 44446 (330) 652-6770 www.glenbeigh.com

#### Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides a specialized trauma based IOP program for Medical Professionals. Program is provided utilizing tele-health technology. (440) 953-3000 <a href="https://www.windsorlaurelwood.com">www.windsorlaurelwood.com</a>

#### **TOBACCO CESSATION TREATMENT**

#### Mercy Health- New Start Treatment Center for Chemical Dependency

Those seeking help for substance use disorders smoke cigarettes or use tobacco products at a rate that is 3-4 times the average population. Programs at St Joseph Hospital Warren/New Start Treatment Center & the Regional Tobacco Treatment Center treat both addictions simultaneously or one after the other. There are no out of pocket costs to the participant. This includes both behavioral counseling provided by a licensed chemical dependency counselor/certified tobacco treatment specialist and 6 weeks of prescription and/or over the counter medication.

1296 Tod Place #205 Warren, OH 44485 330-841-7022 www.mercy.com

#### **RECOVERY HOUSES/SOBER LIVING ENVIRONMENTS**

Sober Housing is one of the fastest growing components of the "Recovery Model" continuum of services. Living with like-minded people can be a great boost to maintaining sobriety. Recovery houses do not provide drug or alcohol treatment. Listed below are local housing providers.

#### Courageous Dedicated Journey- Men's Recovery Housing

Warren, OH (234) 788-1770

#### Foster Living LLC -Men's Recovery Housing

Warren, OH (330) 330-3264

#### Glenbeigh - Men's Recovery Housing

Niles, OH (330) 652-6770

#### Nikki's House- Women's Sober House

Warren, OH (330) 979-1418

#### Park Place Recovery Residence -Men's Recovery Housing

Warren, Ohio (330) 307-4575

#### Trumbull House - Women's Sober Housing

Warren, OH (440) 813-4227

#### Riverview Apartments – Men's Recovery Housing

Newton Falls, OH (330) 651-5047

#### Robbins House LLC – Women's Recovery Housing

Niles, OH (330) 647-4190

#### Wellspring – Men's Recovery Housing

(234) 830-5275

#### Woodland House- Recovery Housing for Men

(330) 501-2760

For more information on recovery housing visit www.ohiorecoveryhousing.org

#### **RECOVERY SUPPORT**

Support and self-education are important components of treating addiction and preventing relapse. It is important to seek out helpful resources and use them. Recovery is an ongoing process. Supportive groups are valuable for the recovering addict and for family members and loved ones. Check with local offices or group websites to find meetings convenient for you.

#### Alcoholics Anonymous - Youngstown Area Intergroup

(330) 270-3000

A list of local meetings can be found at: www.aayaig.com

#### Celebrate Recovery

Grace Fellowship Church 325 Youngstown Warren Rd Niles, OH 44446

Childcare Available (newborn – 17 yrs.)

Phone: (330) 240-5544 (Celebrate Recovery Contact) or (330) 574-2303 (Church)

Email: <u>celebraterecovery@gracelives.com</u>

Website: www.gracelives.com/celebraterecovery

#### Help Network of Northeast Ohio

Provides non-emergency information and referral services for Mahoning, Trumbull and Columbiana Counties. Also provides basic information and referral for surrounding areas, state and national resources. Staff is trained in crisis intervention, suicide prevention and supportive listening.

Call 211

www.helpnetworkneo.org - Free online database

#### Hope Starts Here Recovery

Hope Starts Here Recovery is a faith-based fellowship to celebrate God's healing power through the 8 Recovery Principles. It is designed to help discover freedom from any hurt, habit, or hang - up. Childcare is provided.

Seeking God's Glory Church

480 E. Market St. Warren, OH 44481 (330) 883-6891

Email: HopeStartsHereRecovery@gmail.com

Facebook: https://www.facebook.com/HopeStartsHereRecovery?mibextid=ZbWKwL

#### Narcotics Anonymous (NA) – Buckeye Region

Provides information on local narcotics anonymous support groups; if a person in crisis calls this line, they can leave their first name and phone number and a person in recovery will call them back. Calls are answered 24 hours/7 days week.

Local meetings are listed at: www.brscna.com

(888) 438-4673

#### **MORE RECOVERY SUPPORTS:**

#### The Sahara Club II

The Sahara Club II is a sober club that provides education, fellowship, support and recreational services to individuals and their families who are interested in a life that is sober and free of chemical dependence.

2345 Youngstown Road Warren, OH 44484 (330) 306-5191 or SaharaClub2@gmail.com

#### **SMART Recovery**

SMART (Self-Management and Recovery Training) Recovery is a worldwide, abstinence-based non-profit organization that conducts free online meetings. The SMART 4-Point Program focuses on (1) enhancing motivation to abstain, (2) coping with urges, (3) managing thoughts, feelings and behaviors and (4) developing a balanced lifestyle.

For more information: (330) 330-9560 or jodidoessmart@gmail.com

To find a meeting, visit: www.smartrecovery.org

#### Recovery Coaches/Peer Supporters

A Recovery Coach, also called a Peer Supporter, is a person who links the newly recovering person to the recovering community, and serves as a personal guide and mentor. Coaches are not therapists and do not offer counseling, therapy or any other clinical services. They are peers who assist people on the path from a life of addiction to a life in recovery. Coaches have personal experience in navigating this path. They help individuals in recovery address areas of their lives that have been negatively impacted by addiction, including housing, education and employment.

#### First Step Recovery

2737 Youngstown Road, SE Warren, OH 44484 (330) 369-8022 wecaremoreohio.com

#### Mercy Health

(330) 480-6965 www.mercy.com

#### **OnDemand Counseling**

100 Superior St. Newton Falls, OH 44446 (330) 578-4300

#### Safe Harbor

1212 Tod Place Warren, OH 44485 (330) 469-6822 Safeharborrecovery.life

#### Thrive Counseling

1705 Woodland St NE Warren, OH 44483 (330) 469-6777 www.thrivecounselingwarren.com

#### Thrive Peer Recovery Services

2921 Youngstown Rd SE Warren, OH 44484 1-877-636-3777 Thrivepeersupport.com

#### **RECOVERY SUPPORT FOR FAMILIES**

Recovery supports are important for families, whether you have concerns about yourself or need to speak to someone about your relationship with a person with addictive behaviors. "Addiction is a family disease" and its effects are widespread.

#### **Celebration Place**

Celebration Place for children is the approved children's curriculum for Celebrate Recovery using teachings and kid-friendly methods and terms children can understand. While the adults explore topics that bring healing and wholeness, children, aged 5-10 years old, discover the same truths in ageappropriate ways! We strive to partner with parents/caregivers to help break the cycle of dysfunction destroying so many of our families. Children also learn healthy coping skills for life's tough issues.

**Grace Fellowship Church** 

325 Youngstown Warren Rd

Niles, OH 44446

Phone: (330) 240-5544 (Celebrate Recovery Contact) or (330) 574-2303 (Church)

Email: celebraterecovery@gracelives.com

Website: www.gracelives.com/celebraterecovery

#### **GRAND Support Group**

(Grandparents Raising and Nurturing our Grand Daughters and Sons)
Meets the first and third Thursday of every month from 6 to 8 pm. Childcare is provided.
North Mar Church
3855 East Market Street, Warren, OH 44484
(330) 856-3496

#### Families of Addicts Inspired Through Hope (FAITH)

A faith-based support group for families finding their way through addiction. Fowler United Methodist Church 3426 Youngstown Kingsville Rd (Rt 193) Fowler, OH 44418 (330) 647-9782

#### The Landing

The Landing for middle or high school students provides a safe place for students to process life and the struggles that accompany it, provides tools to help them live emotionally and spiritually healthy lives, and points them towards freedom. The approved curriculum mirrors the adult Celebrate Recovery curriculum. Through The Landing, students can find a safe place to find help, hope, and healing, break cycles of dysfunction and provide tools for them to live free and healthy lives.

**Grace Fellowship Church** 

325 Youngstown Warren Rd

Niles, OH 44446

Phone: (330) 240-5544 (Celebrate Recovery Contact) or (330) 574-2303 (Church)

Email: celebraterecovery@gracelives.com

Website: www.gracelives.com/celebraterecovery

#### **Nar Anon Family Groups**

(800) 477-6291

www.nar-anon.org

#### **Trumbull County Strong**

A local group of advocates whose mission is to aid loved ones of those suffering with mental illness and substance use disorder (addiction).

(330) 717-9241 or (330) 891-8337

#### **ONLINE RESOURCES**

Hazelden Betty Ford – visit www.HazeldenBettyFord.org

**Free Programs**:

Aftercare - recovery coaches and virtual services offered to all patients once they discharge at no cost: www.HazeldenBettyFord.org/recovery/preventing-relapse/my-ongoing-recovery-experience

Free 2-day program for children 7yrs – 12yrs:

www.HazeldenBettyFord.org/treatment/family-children/childrens-program